Madison Bike to Work Week

Why Bike to Work?
Want to get into shape, save money and minimize your impact on the environment? Riding your bicycle to work is a great way to accomplish all three at once! If you’ve never ridden your bicycle to work it might sound a little intimidating, but Bike to Work Week is the perfect opportunity to give it a try.

Tires flat...bike covered in dust?
• Get your bike out in time to take it to one of Madison’s many bike shops to get it ready to go and ensure it is in safe working condition.

Not an experienced cyclist?
• Start by riding part way to get your legs and lungs into shape if you’re not sure you can ride the full distance. Start with just a mile or two and work up to your commute distance.
• If you’re not sure how long your commute will take by bike, consider taking a practice ride to work on your day off.
• Try to find a bike-buddy so you don’t have to go it alone. You can look for a bike buddy at www.rideshareetc.org or ask you co-workers who are already bike commuters to ride with you one day.
• If you’re not sure what route would be best use the Low Stress Bicycle Route Finder.

Is your commute too long?
• Pedal to a bus stop and take Metro Transit the rest of the way. All the buses have bike racks!
• Drive to work and ride your bike home one day, then bike to work the next day and drive home, and so on...this way you only have to ride the one-way distance per day.

Still need more reasons?
• In Madison on Bike to Work Day (usually in May) and during Bike Week (usually in June) there are bike stations throughout the city with coffee and treats!